

LEARN MORE ABOUT THE GENRES OF DANCE

BALLET

Ballet is the core foundation of all dance, and the hallmark of true strength and technical excellence. At Citipointe Creative Academy, our Teaching Artists have accumulated experience in teaching across a number of diverse syllabi and curriculum styles, ensuring that our ballet dancers will receive comprehensive and professional quality tuition. However, ballet is more than just technique. Classical ballet instills perseverance, discipline and grace that develops alongside technical excellence as dancers grow to understand the strength of their bodies and the amazing poise and technique they are capable of. Ballet is a highly recommended dance style for dancers wanting comprehensive training, or aiming for a career in professional dance.

JAZZ

Jazz is one of the most popular styles of dance both within Citipointe Creative Academy and across the world. Jazz technique comprises learning jumps, turns, travel combinations, isolations, timing, dynamic movement, floor work and more. CCA also emphasises intelligent learning as a focus in Jazz, which is centred around technical development to ensure longevity of the body and intuitive knowledge for each individual dancer. This combined with fun and upbeat choreography and age-appropriate music ensures that every jazz class at CCA will be one to remember. A great all-rounders class.

CONTEMPORARY

Contemporary dance is a relatively new style of dance, developed in the mid twentieth century. Contemporary requires a strong focus on technique, which is often established in Ballet or Jazz dance classes. At Citipointe Creative Academy, we recommend that students wishing to undertake contemporary do so alongside Ballet or Jazz classes to optimise technical development and excellence. Dancers will combine the strong, sturdy and controlled legwork of ballet alongside jazz's isolations, core strength and floor work in contemporary classes. Contemporary dancers also require rhythm, speed, direction, contract-release and fall and recovery. Our Teaching Artists teach both the technical components of contemporary as well as the musicality and performance quality required for this moving dance method.

TAP

Citipointe Creative Academy aims to provide tutelage to our tap dancers in a fun, technically challenging and versatile way. Students who are trained in this versatile dance modality will embody coordination, rhythm and musicality alongside the power, stamina and control that are essential foundations in any style. For the young beginner or the returning mature-aged student, tap is a style that is fun, upbeat, modern and rhythmic, and is a style that embraces technique and showmanship that is distinctive to other dance styles.

HIP HOP

Hip hop is a melting-pot modality, bringing together traditional street elements, engaging technical skills and bold musicality in a fun, dynamic and high-energy style. Our Teaching Artists pride themselves on delivering a highly technical, fun and engaging Hip Hop class with world-class choreography and technical excellence shining through in each and every lesson. From popping and locking to powerful breakdancing movements as technique develops, Citipointe Creative Academy strives to deliver the best of the best in each and every class when it comes to this popular style of dance.